



Dubuque County Fairgrounds & Event Center
14569 Old Hwy Rd.
Dubuque, IA 52002
563-588-1406
www.dbqfair.com

Dubuque County Fair Association

Sand Volleyball Rules and Regulations

Sunday, July 31st, 2022

Check-In: 8:00-8:30 a.m.

Captains Meeting: 8:30 a.m.

Volleyball Play starts at 9:00 a.m.

General

- 2020 U.S.A official volleyball rules will govern, unless otherwise stated in league rules attached.
- Teams not on-site at the start of their designated game time will forfeit.
- All participants play at their own risk. Every effort to ensure safety has been made, but a sand court carries an obvious natural risk.
- Spectators and substitute players must remain 10' from the court.
- Matches will continue in the rain. In the event of lightning sighted, the tournament director reserves the right to suspend play, alter, and/or cancel matches at their discretion.

Game Time

- Teams must be present 30 minutes prior to the game. If a game finishes early the next game will begin play. If the team is not present prior to a game ending early the team without a full team will forfeit their game
- Best of 3 games wins round. Double elimination tournament. All skill level tournament.
- Championship game will played to 20 or win by 2; best of 3 wins, rally scoring.
- If your team must drop out for any reason please notify the registration table.

Players and Substitutions

- All players must be 16 years of age or old to play.
- Roster many include a maximum of 8 people
- One member shall serve as the official team captain. Each team captain must check in 30 minutes prior to their first game with a complete roster/wavier sheet. Players may not be added after the roster has been submitted. Players may play on only one team.
- 6 players must be on the court during play. No more. No less.
- 2 of the 6 players on the court must be female. A team may not begin play until these requirements are satisfied.
- Individuals may participate on only one team.
- Teams will not be reimbursed for forfeited members.

Carry-ins

- No carry-ins of any sort are allowed besides water.
- If you are caught carrying in your own alcohol. You will be asked to leave, and your team will be disqualified from the tournament.

The Dubuque County Fair Association reserves the right to modify, change, or omit any of these rules at any time for any reason.

Adult Volleyball Rules

ELIGIBILITY

Players must be at least 16 years old to participate.

GENERAL RULES

1. The Dubuque County Fair Grounds is not responsible for any injuries or accidents incurred by players.
2. The Dubuque County Fair Grounds reserves the authority to forfeit any match in which an infraction of league rules has been committed, and reserves the right to remove any player from competition for any length of time for directing abusive language at supervisors or individuals of the opposing team and for unsportsmanlike conduct.
3. Current U.S.A. volleyball rules apply, unless otherwise stated.

PLAYERS & ROSTER REQUIREMENTS

1. All players must be at least 16 years old.
2. All players must be listed on the teams' roster.
4. Teams must carry a minimum of six (6) players.
5. Teams must have a minimum of 4 players to start a game. For mixed leagues, teams must have at least two men and two women to start a game. There cannot be more men than women on the court at any time throughout a game. However, teams may have more women than men on the court.
6. If a team does not have 4 legal players ready to start at the scheduled game time, that team will lose its first match. That team will be allowed an additional fifteen minutes from the scheduled start time to field a legal team. If four legal players are not ready after those fifteen minutes, the team will forfeit.
7. If at any point during the match a team has only 3 players, that team will forfeit the current game and any remaining games for that night. Unless the other team agrees to play with amount of players.

SPECIAL MIXED LEAGUE RULES

1. In mixed leagues, teams may have 4, 5, 6, 7, or 8 players on the court during a game as long as the male to female ratio is not greater than 50%. Example: 3 males; 3 females, 4 males; 4 females, 3 males; 4 females. The only exception would be: a. Injury to a female player causing her to leave the game with no legal female substitute available, or
b. If, after starting the game, for any reason the team should fall below 6 players. If a female substitute arrives, she must be placed on the court immediately.
2. There must be at least one male player.
3. Men and women must take alternate positions in the serving order.
4. When the ball is played more than once by a team, a female player must make one of these contacts. A block is not considered a hit.
5. Teams may always use more women than men.
6. Teams may use three men and two women only if a female player gets hurt or cannot physically continue to play.

two team captains only. The legality of a play may be investigated by the Leisure Services Department upon written request of a team manager.

SCORING/TIME LIMIT

1. Rally scoring will be used for all leagues.
2. All games will be played to 25 points, win by two.
3. A one-hour time limit will be allowed for the three (3) 25-point rally scoring games.
4. At the end of one (1) hour, the team with at least a two point advantage is declared the winner. If there is no two point advantage, play continues until there is one, or to 30 points, whichever comes first.
5. Any matches not started due to the time limit will be declared a tie in the standings.

PLAYING THE BALL

1. Contacting the ball during play must be brief and instantaneous. The ball may be hit with any part of the body.
2. When the ball comes to rest momentarily in the hands or arms of a player, it is considered as being held. The ball must be cleanly hit. Scooping, lifting, pushing or carrying the ball shall be considered as holding.
3. A ball that strikes the ceiling or overhead obstruction is considered live and playable, providing this occurs on the side of the net occupied by the team which played it last, and provided the ball is legally played next by the same team. Balls striking basketball backboards and nets in down position as well as equipment considered an extension of, or from the gym wall, are dead and out of bounds.
4. The ball may be contacted only three (3) times before it is sent over the net. For exception, see blocking.
5. A hit is interpreted to mean one contact by one person.
6. If two players strike the ball simultaneously, it is only one hit and either player may hit the ball again.
7. Successive contacts are legal on the first team hit so long as it is one attempt to play the ball. However, a ball rolling up the arm on a first contact is still considered a held ball.
8. It is legal to use finger play to hit a ball on serve reception, but the ball must be cleanly hit, not slapped or held.
9. Second or third row players may not contact the ball in front of the ten foot attack line to spike a ball that is clearly above the height of the net.
10. In all mixed leagues, when the ball is played more than once by a team, a female player must make one of these contacts. A block is not considered a hit.
11. A ball touching a boundary line is good and counted in.

NET PLAY

1. If a ball in play touches the net, it is considered good and play continues. If a serve touches the net, the ball remains live and play continues.
2. The ball may be played when any part of it has crossed the top of the net. It is not essential for the entire ball to be on a player's side of the net before being played.

3. A player is not allowed to spike the ball on the opposite side of the net. Players may follow through over the net providing the first contact with the ball is on the player's own side of the net.
4. A player contacting the net at the top of the net during play has committed a violation (**U.S.A. RULE**).

BLOCKING

1. Blocking is the action at the end of attempting to intercept the ball coming from the opponent's side. Any player is considered as having the intention to block if any part of the body is placed above the height of the net in a position at the net.
2. Any or all players on the front line may perform blocking. Any attempt to block is considered as an actual block only if one or more blockers contact the ball. The team which has affected an actual block shall have the right to three (3) more contacts in order to return the ball to the opponent's court.
3. Any player participating in a block in which the ball is contacted shall have the right to make the next contact, with such contact counting as the first of three contacts allowed to the team.
4. If the ball contacts one or more players during the block, this will be counted as only one block for the team even if these contacts are not made simultaneously by the teammates participating in the block.
5. Any blocker(s) may reach over the net. However, the blocker(s) shall not contact the ball over the opponent's area until after the completion of the opponent's action, which sends the ball toward the blocker's side.
6. Blocking and spiking the serve is prohibited.
7. Back row players may not block at the net.

CROSSING THE CENTER LINE

1. Contact with any part of a player's body with the opponent's side of the court during play results in a fault.
2. Touching the opponent's area with a foot or feet, hand or hands, which remains on or above the center line is not a fault.

SUBSTITUTIONS

1. A female player may substitute for any female or male player.
2. A male player may substitute for any other male player and for a female only if it does not violate the 50% rule.
 - 3. Continuous Substitution a. When it is a team's turn to serve, a person will always substitute into the position following the serving position.
 - b. The order of rotation must be continuous throughout a game unless there is an injury.
 - c. In mixed volleyball leagues, substitutions shall be done on a male for male, female for female basis. In women's leagues, your team must substitute each time they serve if you use this method of substitution.
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 - 4. USA Substitution a. A player starting a game may be replaced by a substitute and may subsequently re-enter the game, in the original position in the service order in relation to other teammates.
 - b. Only these two players may play in this position but are not limited to number of times they enter the game.
 - c. Only if a team is reduced to less than six players and there are no other legal substitutes, may one of the above players participate in a different position in the service order of that game.

TIME-OUTS

1. Teams may take two (2) thirty second time-outs during a game.
2. Time-outs may be taken any time the ball is not in play.
3. Time-outs may not be used to avoid a forfeit.

RULES APPLYING TO SUMMER LEAGUES ONLY

1. Alcoholic beverages are not recommended on the volleyball court or by participants while playing.
2. All spectators should be on the grass area when not playing, for safety reasons.
3. Players may go after balls in unoccupied courts only. The ball should be dead when it enters a court scheduled for use. Common sense should be used when applying this rule.